

Spa & Leisure
HELLIDON LAKES

WELLNESS MEMBERSHIP

2023



Becoming Our Member

When you become a Hellidon Wellness Member you will not only be part of our inner circle and receive exclusive member wellness offers and discounts, but you'll get to work-out in our gym and unwind in our luxurious newly refurbished Wellness Suite.





Wellness Suite

We pride ourselves on putting your wellbeing first. Indulge and unwind to rebalance mind, body and spirit and take yourself on a voyage of the senses.

We've created brand new spaces to escape the everyday, helping you to de-stress and feel totally relaxed and refreshed.

Our Wellness Suite includes:

- 2x Experience Showers
- Ice Fountain
- Hydro Pool
- Relaxation Loungers
- Eclipse Sauna & Salt Sauna
- Glamour Steam Room & Mediterranean Steam Room



Gym

Get your heart rate pumping in our fully equipped, air-conditioned, modern gym that has a wide range of cardio machines, free weights and stacked weight machines to help you reach your fitness goals.

Complete with Technogym equipment, our gym also offers a spacious layout with room for floor stretching and body weight exercise.





Membership Types

Access to Wellness Suite

[Hydro Pool, Saunas, Steam Rooms & Experience Showers]

Sweat towel in Welcome Pack

20% off Spa Treatments

20% off Food & Beverage

15% off Green Fees

10% off Overnight Stays

Complimentary use of all weather Tennis Courts

[Subject to availability]

	Single - 7 Days (12 Months) MONTHLY DIRECT DEBIT	Joint - 7 Days (12 Months) MONTHLY DIRECT DEBIT	Annual - 7 Days	Joining Fee
Fitness Membership GYM ACCESS ONLY	£45	£85	£495	£95
Fitness Plus Membership GYM + WELLNESS SUITE ACCESS	£69	£125	£759	£95

* Terms and conditions: Fitness Plus Membership access to Wellness Suite is subject to availability on the day. Members can bring their own towel or hire a towel at Spa Reception. Not in conjunction with any other offers. 10% off overnight stays is based on the Best Available Rate at the time of booking. 15% off green fees not applicable to an existing golf member.





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